

Exodus chapter 14 described the situation where the Egyptians marched after the Israelites. They were terrified. Their first instinct was having a negative thought and started to blame Moses. Exodus 14:13-14 were Moses' response to the Israelites. When we face tough situations or see a terrifying external environment, we can follow the same instruction.

- A. Be still implies do not react with your instinct. The immediate response can be wrong and you regret it later. Also, don't complain nor be discouraged.
- B. Be still implies trust in the Lord. The first response shall be to seek God's direction. Trust God that He will protect you and flight for you. You might not fully understand God's plan at that moment but that is what trust is about.
- C. Be still implies wait for the Lord. God has a perfect plan and perfect timing. When God wants you to wait, you just wait. As you can see later in that chapter, Israelites went through the sea on dry ground. Wonderful miracle! Let us remember to be still, trust the Lord and wait for His direction whenever a

difficult situation occur.